

# Main Grant 2022/23

## 2022/23 Main grant - report

Application No. GR000132022\_23 From Dr Cara Swit

Form Submitted 28 Jan 2025, 7:06PM NZDT

## Grant report

### Instructions

Thank you for completing your funded initiative.

This form will be placed on our website for transparency and enables us to understand and share the work you have done through this grant.

Please complete and submit this form no later than the date stipulated in your funding agreement. If you cannot meet the deadline, contact us to arrange an alternative date by emailing [funding@internetnz.net.nz](mailto:funding@internetnz.net.nz). You may not be eligible to apply for further grants from InternetNZ if this is not submitted.

The completion of this form should be overseen by someone with intimate knowledge of the funded mahi.

**\* indicates a required field**

### Grant initiative update

#### Initiative title \*

Supporting Aotearoa Rangatahi to Thrive in a Media Saturated World

#### Provide a short summary of the work that was completed as part of this initiative.

\*

This study investigated the perspectives of young people aged 12 to 18 years from minority communities in Aotearoa New Zealand on how media and technology influence their mental health and wellbeing. Adopting participatory research approaches, we conducted 19 focus groups (n=77) with young people from Māori, Pacific, Deaf, or Rainbow (LGBTQA+) communities. Thematic analysis identified six overarching themes: (1) constant device use; (2) diverse device use for distinct and related purposes; (3) positive aspects of device use; (4) negative aspects of device use; (5) young people have the solutions for young people; and (6) young people have the solutions for adults. These themes highlight the multifaceted nature of media and technology and propose practical strategies for fostering healthy media habits. As an anchor paper, this work sets a foundation for future research and policy informed by the lived experiences and solutions proposed by those most affected—young people themselves.

Describe the "who, what, where and when" of your initiative.

#### Is this initiative complete? \*

Yes  No

If your initiative is still in progress, select "no."

#### What are the outcomes of this initiative? \*

We have conducted 19 focus groups involving 77 young people aged 12 to 18 years from Māori, Pacific, Deaf, or Rainbow (LGBTQA+) communities. The research team are current writing up the key findings disseminating the overarching findings as well as the more

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nuanced findings. We are working with a school to look at ways in which the results of our study can be used to inform school practices and policies within the school. We are also intending on working with an animator or graphic artist to visualise the key findings of our study, to be disseminated more widely on social media platforms.

Describe major achievements resulting from this grant.

### Which population group/s were affected by this project or program? \*

Age groups > Children and youth (age 0-17) > Preteens (people aged 10-12)

Age groups > Children and youth (age 0-17) > Adolescents (people aged 13-17)

Ethnic and racial groups > Indigenous peoples

Gender groups > Gender diverse people

Please choose only the group/s that were at the very core of this project/program.

### If you have any supporting documentation, you can share it below.

This could include photos, surveys, feedback, your evaluation plan, published research or annual report.

Remember this report will be placed on our website for transparency.

### Upload files:

Filename: overarching theme and code summary.jpg

File size: 301.2 kB

### Upload files:

*No files have been uploaded*

### Provide web link:

Must be a URL.

## Financial report

### Budget

Provide details of funds received and spent in relation to this grant.

Income	\$	Expenditure	\$
Research Assistant	\$4,100.00	Research Assistants	\$6,767.18
Travel	\$1,800.00	Travel	\$1,131.22
Project Costs	\$2,000.00	Project Costs	\$217.39
Koha	\$600.00	Koha	\$566.95
Research Report	\$1,500.00	Research report	\$0.00

### Budget Totals

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Total Income Amount	Total Expenditure Amount	Income - Expenditure
\$10,000.00	\$8,682.74	\$1,317.26
This number/amount is calculated.	This number/amount is calculated.	This number/amount is calculated.

### Have you experienced any issues with your intended budget? If so, please explain reasons for any major variances or for providing incomplete information:

The expenditure for the research assistant is higher than projected because of increased wages and some of the funding put aside for a research report was allocated to the research assistant to assist with this process.

Funds were put aside for the research team to attend NetHui in October 2024, which was subsequently postponed. We request that the remaining expenditure from our grant (i.e. \$1317.26) be used to support attendance at the NetHui in May 2025 (providing the event goes ahead).

## Feedback

You are almost at the end of your final report. Before submitting, please take a few moments to provide some feedback.

### Please tell us how you found the reporting process:

Very easy  Easy  Neutral  Difficult  Very Difficult

### How many minutes in total did it take you to complete this form?

30 minutes

Estimate in minutes (i.e. 1 hour = 60 minutes)

### Do you have any feedback?

Kia ora! Just a big ngā mihi nui for financially supporting our kaupapa. We've had incredibly feedback - nationally and internationally - about the impact of our research and the unique and inclusive approach we took to including the voices of rangatahi in this important topic. We're super grateful and hope we can work together again soon!!!

For example, feedback on the evaluation toolkit if you used it, the process of working with InternetNZ or anything else.

### InternetNZ is a membership organisation. Would you be interested in hearing more about becoming a member?

Yes please  No thanks  I am already a member