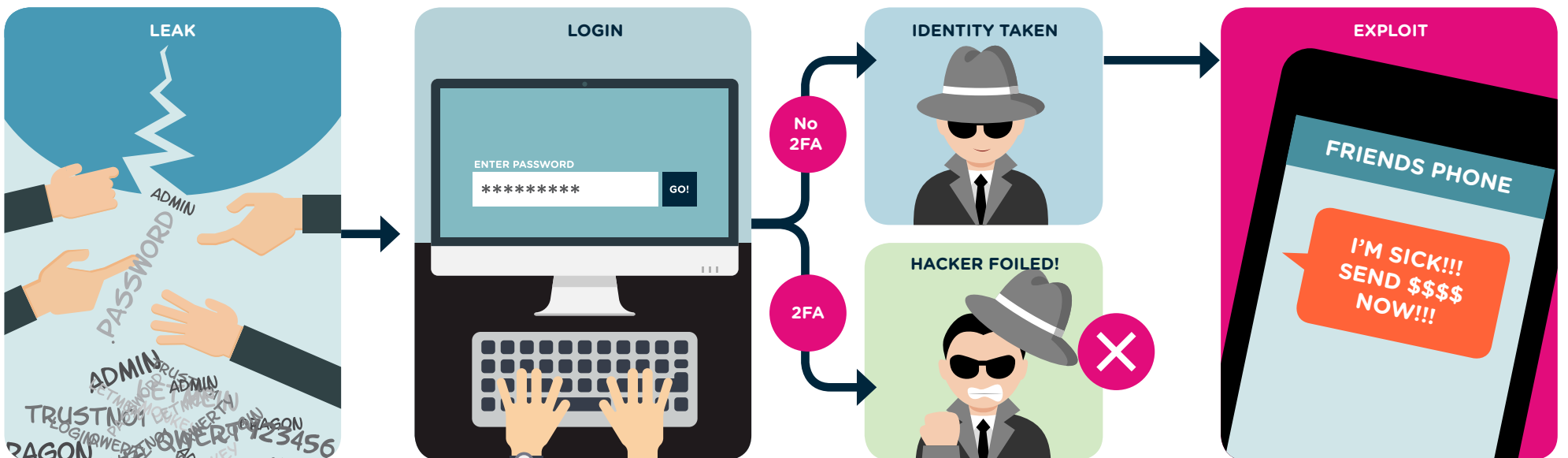
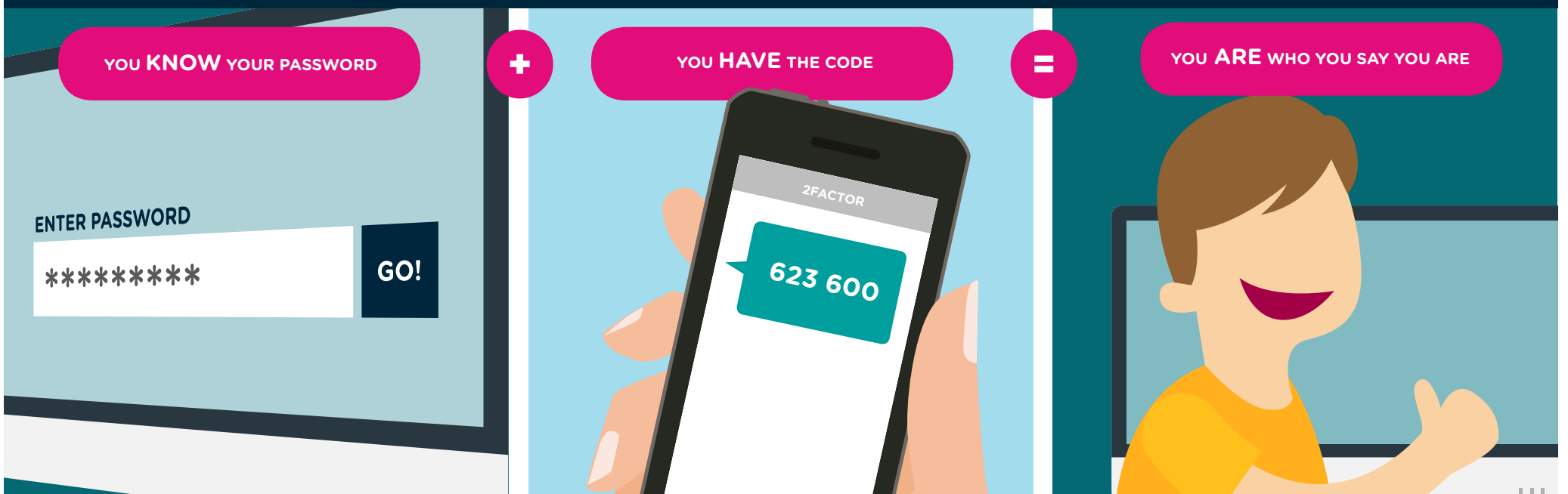


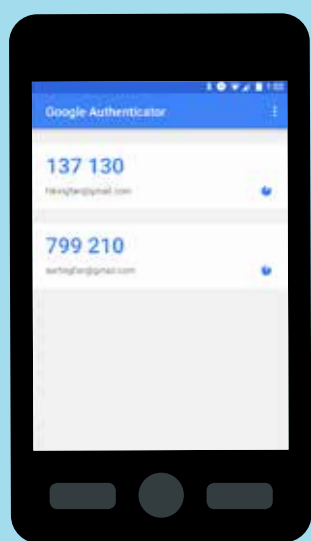
## 1. Why have 2FA?



## 2. What is 2FA?



## 3. Authenticator App



Mobile apps like Google Authenticator or Duo Mobile can offer 2-factor security codes for many online services. Once each account is set up, your app generates unique log-in codes, giving greater protection than a password alone.

## 4. Authentication Tokens



Authentication tokens such as u2F or Yubikey are hardware devices used to provide 2FA security for important accounts, and should always be kept in a safe place

## 5. More information

To find out more about 2 Factor Authentication go to [internetnz.nz/2factor](https://internetnz.nz/2factor)

## 6. Ask for 2FA

Twofactorauth.org has a growing list of services that offer 2-factor protection for your data, and ways to demand 2-factor protection from services which do not yet offer it.

